

DOES YOUR DENIST USE SILVER FILLINGS?

IS THE LEVEL OF MERCURY RELEASED FROM YOUR AMALGAM FILLINGS SIGNIFICANT?

Loss of mercury from amalgam fillings.

New filling=50% mercury

5 year old filling=27% mercury

20 year old filling=0% mercury

WHAT IS AMALGAM?

Dental amalgam is composed of: 50% mercury

35% silver

14% tin

0.1% zinc

0.3% copper

According to the World Health Organization, the largest estimated average daily intake and retention of mercury and mercury compound in the general population is from dental amalgams, not from food or air. The estimated average daily intake of mercury from dental amalgams being 3.8-21 micrograms per day.